



## **Student-Athlete Leadership Team Parent and Student Information Meeting April 25, 2017 7:30pm Black Box Theatre**



Athletes Helping Athletes is a training curriculum taught by professional, Olympic, and college athletes to high school students to enable them to mentor younger students. Over twenty other school districts in Nassau County are members of Athletes Helping Athletes, which has been in existence for over thirty years. Training includes three sessions each year in the subjects of Organization/Life Skills, Sportsmanship/Anti-bullying, and Avoiding Alcohol and Substance Use. “AHA’s mission is to inspire leadership through sport, while addressing social issues such as life skills, sportsmanship and civility, substance abuse prevention, violence prevention and physical activity.” See [www.ahaprograms.com](http://www.ahaprograms.com) for additional description.

Student-athletes selected for the club will travel by bus with their two advisors, Coaches Lauren Sadeh and Bill Luzzi, from approximately 9am – 1pm each training day at Molloy College. After each training, the student-athlete will prepare, together with another club member, a lesson for a sixth grade class at Munsey Park or Shelter Rock Elementary School. Student-athletes and their advisors will travel by bus for 3 sixth grade visits; efforts will be made to avoid missing the same classroom periods repeatedly. The student-athlete will combine ice-breaker and other techniques learned in training with stories from his or her own experience. The student-athlete’s behavior both on and off the field must adhere to the lessons they teach. Upon hearing the life lessons from high school athletes, the sixth graders will be empowered to make similar good decisions.

The student-athletes benefit from the training they’ve received, their exposure to student-athletes from other schools, and from demonstrating exemplary behavior both on and off the playing field. Their experience as leaders and role models will prepare them well for job and college applications. Their examples will encourage teammates and classmates to perform their best. Exemplary behavior will benefit the Manhasset athletic program and community.

The Student-Athlete Leadership Team members also may assist with developing social activities such as Open Gym Nights and Team Competitions, as the Manhasset athletic community reduces underage alcohol and substance use and encourages making positive healthy choices. The 2017 Bach Harrison Prevention Needs Assessment Student Survey Results show extremely high rates of underage alcohol misuse (2 or 3 times the national average) for our 10<sup>th</sup> and 12<sup>th</sup> grade students. The 2017 report also indicates that Manhasset teens who drink alcohol in the past 30 days are also binge drinking, vaping nicotine and using heavier substances. Studies show that people who began drinking at a young age are more likely to develop a substance abuse problem in their lifetime. In addition, studies show that teens whose parents are permissive regarding underage drinking are more likely to abuse alcohol than those whose parents say no. The most recent Surgeon General’s report described addiction as our country’s most pressing health crisis. With rates of depression and access to drugs like heroin increasing, we must try harder to protect our children.

The Student-Athlete Leadership Team has a high standard of conduct. If parents or the student are concerned they will not be able to uphold it, they should not apply. Even the perception that the student drinks or engages in improper conduct may require dismissal from the club. The club advisors have full authority to dismiss members. A student-athlete also may voluntarily withdraw from the club. Student-athletes are encouraged to serve more than one year and assist in selection of the next club members, but are not obligated to continue.

Teachers and coaches will review applications and notify applicants if they have been selected for an interview. Consideration will be given to whether the students are strong enough academically to miss classes on six occasions. Disciplinary history also will be considered. Selected students will be notified by the end of May. Scheduling of next year’s training and elementary school visits will begin in September.

**PLEASE EMAIL APPLICATIONS TO COACH LUZZI at William\_luzzi@manhassetchools.org or COACH SADEH at Lauren\_sadeh@manhassetchools.org by FRIDAY, APRIL 28, 2017.**

**Before applying to be a member of the Student-Athlete Leadership Team, please read the attached paragraph regarding the expectations and responsibilities. If you feel that you can be a contributing member of this club, please continue to submit this application by email. The initial selection process will be based on your application responses. You will then be notified via email if you have been selected to attend a panel interview.**

The Student-Athlete Leadership Team is designed to have its members not only act as role models, but spread the message about safe and appropriate behavior choices. As members we will work together with professional athletes to create and deliver motivational messages to sixth grade students regarding drug and alcohol abuse prevention, sportsmanship, citizenship, and the importance of education.

**YOUR PLEDGE...**

If I were to be selected as a member of Manhasset's Student-Athlete Leadership Team, I will be committed to encouraging younger students to participate in sports or other positive activities. I will do so not only by my words, but also by being a role model both on and off the field. I will also work towards educating my peers in the area of drug and alcohol abuse prevention, steroid use and good sportsmanship and live by example.

As a member of the Student-Athlete Leadership Team, **I accept the responsibility of being drug and alcohol free.**

I am further committed to: 1) attending all training sessions; 2) participating in a variety of fundraising and volunteer activities; and 3) responding in a timely manner to all correspondence from the club advisors.

I understand that any questionable behavior on my part or the inability to be present at the workshops or volunteer activities will be subject to review by my fellow members, club advisors, and school administrators and could result in my dismissal from the club.

BY SUBMITTING THIS APPLICATION WITH THE STATEMENT ABOVE INCLUDED ON THE APPLICATION, AND BY TYPING MY NAME BELOW, I FULLY AGREE TO ABIDE BY THE ABOVE GUIDELINES AND UNDERSTAND THAT IF I DON'T, I CAN BE DISMISSED FROM THE PROGRAM.

**APPLICATION FOR STUDENT-ATHLETE LEADERSHIP TEAM**

**NAME:**

**ADDRESS:**

**CELL PHONE:**

**SPORT(S) PLAYED AT MANHASSET HIGH SCHOOL:**

**YOUR PERSONAL EMAIL ADDRESS (NOT A FAMILY EMAIL):**

**GRADE:**

**GRADE POINT AVERAGE:**

**TEACHER RECOMMENDING APPLICANT:**

- 1) **WHAT ULTIMATELY DO YOU THINK THE STUDENT-ATHLETE LEADERSHIP TEAM STANDS FOR?**  
Answer here:
- 2) **WHY DO YOU WANT TO BE IN THIS STUDENT-ATHLETE LEADERSHIP PROGRAM AS OPPOSED TO OTHER GROUPS?**  
Answer here:
- 3) **WHAT QUALITIES DO YOU POSSESS THAT WOULD MAKE YOU A POSITIVE ROLE MODEL FOR YOUNGER STUDENTS AND WHY DO YOU FEEL THAT WAY?**  
Answer here:
- 4) **HOW DO YOU THINK YOU CAN USE THOSE QUALITIES MENTIONED ABOVE TO ENHANCE THE STUDENT-ATHLETE LEADERSHIP TEAM?**  
Answer here:
- 5) **DO YOU FEEL THAT THERE MAY BE ANY OTHER CLUBS OR ACTIVITIES THAT YOU DO THAT WOULD PREVENT YOU FROM BRING AT THE MEETINGS OR FROM THE VISITS DURING THE DAY? IF SO...HOW WOULD YOU PREVENT THIS FROM HAPPENING?**
- 6) **WHAT DO YOU FEEL IS THE MOST IMPORTANT ASPECT OF A PROGRAM LIKE THE STUDENT-ATHLETE LEADERSHIP TEAM AND HOW WOULD YOU UPHOLD THAT ASPECT?**  
Answer here:
- 7) **WHAT HIGH SCHOOL ATHLETIC TEAMS HAVE YOU PARTICIPATED ON AND HOW SPECIFICALLY HAS BEING PART OF THOSE TEAMS SHAPED YOUR LIFE?**  
Answer here:
- 8) **WHAT DO YOU THINK YOUR ROLE AS A MEMBER OF THE STUDENT-ATHLETE LEADERSHIP TEAM SHOULD BE WITHIN THE SCHOOL AND COMMUNITY?**  
Answer here:
- 9) **HAVE YOU EVER HAD ANY EXPERIENCE WORKING WITH ELEMENTARY AGED CHILDREN? PLEASE EXPLAIN?**  
Answer here:
- 10) **WHAT COMMUNITY SERVICE HAVE YOU DONE THIS YEAR?**  
List event and advisor here:

**11) WHAT CLUBS/ACTIVITIES DID YOU ACTIVELY PARTICIPATE IN THIS YEAR?**

List club and advisor here:

**12) HOW DO YOU THINK YOUR TEACHERS WOULD DESCRIBE YOUR WORK ETHIC AND ABILITY TO MEET DEADLINES?**

Answer here:

**13) WHAT WOULD IT MEAN TO YOU TO BE CHOSEN AS A MEMBER OF THE STUDENT-ATHLETE LEADERSHIP TEAM?**

Answer here:

**14) LIST YOUR THREE BEST QUALITIES AND HOW WOULD THOSE QUALITIES HELP YOU IN YOUR ROLES AS A MEMBER OF THE STUDENT-ATHLETE LEADERSHIP TEAM?**

Answer here:

**Student-Athlete Leadership Team  
Faculty Recommendation Form**

Please complete this recommendation form for the candidate named below and place it in the appropriate folder on Lauren Sadeh's door by Friday, April 28, 2017. Thank you for your support!

Candidate's Name \_\_\_\_\_

Faculty Supporter and Department \_\_\_\_\_

Date of Recommendation \_\_\_\_\_

	Excellent	Average	Below Average	No Opportunity to Assess
<b>Academic Achievement</b>				
<b>Initiative &amp; Reliability</b>				
<b>Motivation</b>				
<b>Self-Discipline</b>				
<b>Leadership</b>				
<b>Concern for Others</b>				
<b>Academic Integrity</b>				

Any additional comments you would like to make are appreciated:

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Signature: \_\_\_\_\_

**2017-2018**  
**MANHASSET HIGH SCHOOL**  
**STUDENT-ATHLETE LEADERSHIP TEAM**

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**STUDENT-ATHLETE LEADERSHIP PLEDGE**

The Student-Athlete Leadership Team is designed to have its members not only act as role models, but spread the message about safe and appropriate behavior choices. As a member, I will work together with professional athletes to create and deliver motivational messages that I will deliver to sixth grade students on drug and alcohol abuse prevention, sportsmanship, citizenship, and the importance of receiving an education. I will hold true to the messages that I am sending these younger students and behave as an upstanding citizen year-round.

As a member of Manhasset's Student-Athlete Leadership Team, I am committed to encouraging younger students to participate in sports or other positive activities, and I will do so not only with my words, but also by being a role model both on and off the field.

I also will work towards educating my peers in the area of drug and alcohol abuse prevention, steroid use and good sportsmanship by living as an example. As a member of the Student-Athlete Leadership Team, **I accept the responsibility of being drug and alcohol free.**

I am committed to attending three Athletes Helping Athletes training sessions at Molloy College and three elementary school visits. Being a member of the Student-Athlete Leadership Team also requires me to participate in fundraising and volunteer activities. I will respond in a timely manner to Student-Athlete Leadership Team correspondence from club advisors.

I understand that any questionable behavior on my part or the inability to be present at the workshops or volunteer activities will be subject to review by my fellow members, club advisors, and school administrators and could result in my dismissal from the club.

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Student's Signature

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Date

I \_\_\_\_\_ (parent/guardian name) understand what is expected of my child. I will offer my support and assistance to my child in an effort to help him/her meet the requirements of the Program. I understand and accept that my child will be held to higher standards in regard to the drug and alcohol abstention policy.

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Parent/Guardian's Signature

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Date