



CASA

Coalition Against Substance Abuse

2010-11 Programs & Events

- **Thursday, September 30th at 9:00 am**
CASA Sector Meeting at N.H. Town Hall
Teen Prescription Drug Abuse featuring Dr. Rickard Terenzi, NS University Hospital
- **Wednesday, October 20th**
Parenting for Prevention with Isabel Burke
At 9:30 am Shelter Rock Elementary School (K-6)
At 7:30 pm Manhasset/Great Neck EOC (K-12)
- **Friday, October 22nd at 9:30 am**
The Teen Brain with Isabel Burk (7-12)
Manhasset High School
- **Saturday, October 23rd at 9:30 - 3:00 pm**
Pharmaceutical Take Back Event Manhasset HS
- **Tuesday, November 9th at 9:30 am**
CASA Coffee w/ Dr. Maryann Schaefer
Communicating with your Child (K-6)
Munsey Park Elementary School
- **Tuesday, November 16th at 9:30 am**
CASA Coffee w/ Dr. Maryann Schaefer
Communicating with your Teen (7-12)
Manhasset High School
- **December 3rd through December 10th**
Barnes & Noble On-line/In-Store Fundraiser
- **Wednesday, December 8th at 9:00 am**
CASA Sector Meeting at N.H. Town Hall
- **Wednesday, February 16th at 7:30 pm**
Ryan's Story with John Halligan
Manhasset High School
- **Thursday, March 10th at 9:00 am**
CASA Sector Meeting at N.H. Town Hall
- **Wednesday, April 6th at 7:30 pm**
Town Hall Meeting: The Courage to Speak Foundation
Manhasset High School
- **Thursday, May 12th at 9:00 am**
CASA Sector Meeting at N.H. Town Hall



LOCK YOUR MEDS

Be Aware. Don't Share.

Things You Can Do

- **Remove** drugs from your medicine cabinet and hide them, lock them up or take them out of your house
- **Safeguard** all medicines that have to remain at home by monitoring quantities and controlling access
- **Take inventory** by writing down the names and amounts of medications you currently have and regularly check to see if anything is missing
- **Monitor** the dosages and refills if your child is on prescribed medication. Set clear rules, such as, not sharing and always following proper dosages
- **Warn** your youngsters that taking prescription or OTC drugs without a doctor's supervision can be just as dangerous and potentially lethal as taking street drugs
- **Supervise** your child's **Internet** use: many pharmacy sites are not regulated and will sell your child medications without prescriptions

For more information about how to dispose of pharmaceuticals safely call 311 or go to www.northhempsteadny.gov

