



October 2012

Dear Parents and Caregivers:

Now more than ever, Red Ribbon Week serves as a renewed opportunity to communicate with your teen about the importance of making healthy and responsible choices as they grow up in Manhasset.

As parents, we do make a difference. Research continues to show that parents are an important influence on whether or not teens choose to drink alcohol (2011, Power of Parents, MADD).

As part of our ongoing outreach, CASA invites *you and your teen* to Dr. Stephen Dewey's Presentation "**Your Child's Brain: A Work in Progress**" on **Thursday, October 18, 2012 at 7:30 pm at Manhasset High School**. The program addresses the teen brain and the influence drugs and alcohol has on its development during adolescence. Dr. Dewey doesn't preach. He simply shows parents and teens what he sees everyday through his research at the Feinstein Institute for Medical Research at North Shore LIJ Hospital.

In addition, we invite you to clean out your medicine cabinets of any prescription or over-the-counter drugs that may be expired, unused or unwanted and bring them on **Saturday, October 20th from 9:30 am to 2:00 pm to the Manhasset Parks District Parking Lot** (*across from Manhasset High School*). You can discard of our pharmaceuticals in an environmentally safe manner and protect our kids! For more information about the Pharmaceutical Take Back Event or how to dispose of pharmaceuticals safely, contact the Town of North Hempstead at 311 or go to [www.northhempsteadny.gov](http://www.northhempsteadny.gov).

For your reference, we have enclosed a copy of "*Keeping Your Teens Drug-Free*" which we hope will serve as a resource for you and your family. We look forward to seeing you at Dr. Dewey's outstanding presentation and thank you for your ongoing support of CASA's mission!



For parents and students (grades 5-12)

## THE TEEN BRAIN: Still Under Construction!

Dr. Dewey doesn't preach. He simply shows parents and teens what he sees everyday through his research at the Feinstein Institute for Medical Research at North Shore LIJ Hospital. He speaks candidly about the effect alcohol, marijuana and drugs have on the teen brain.

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### **Marijuana is especially harmful to the developing brain**

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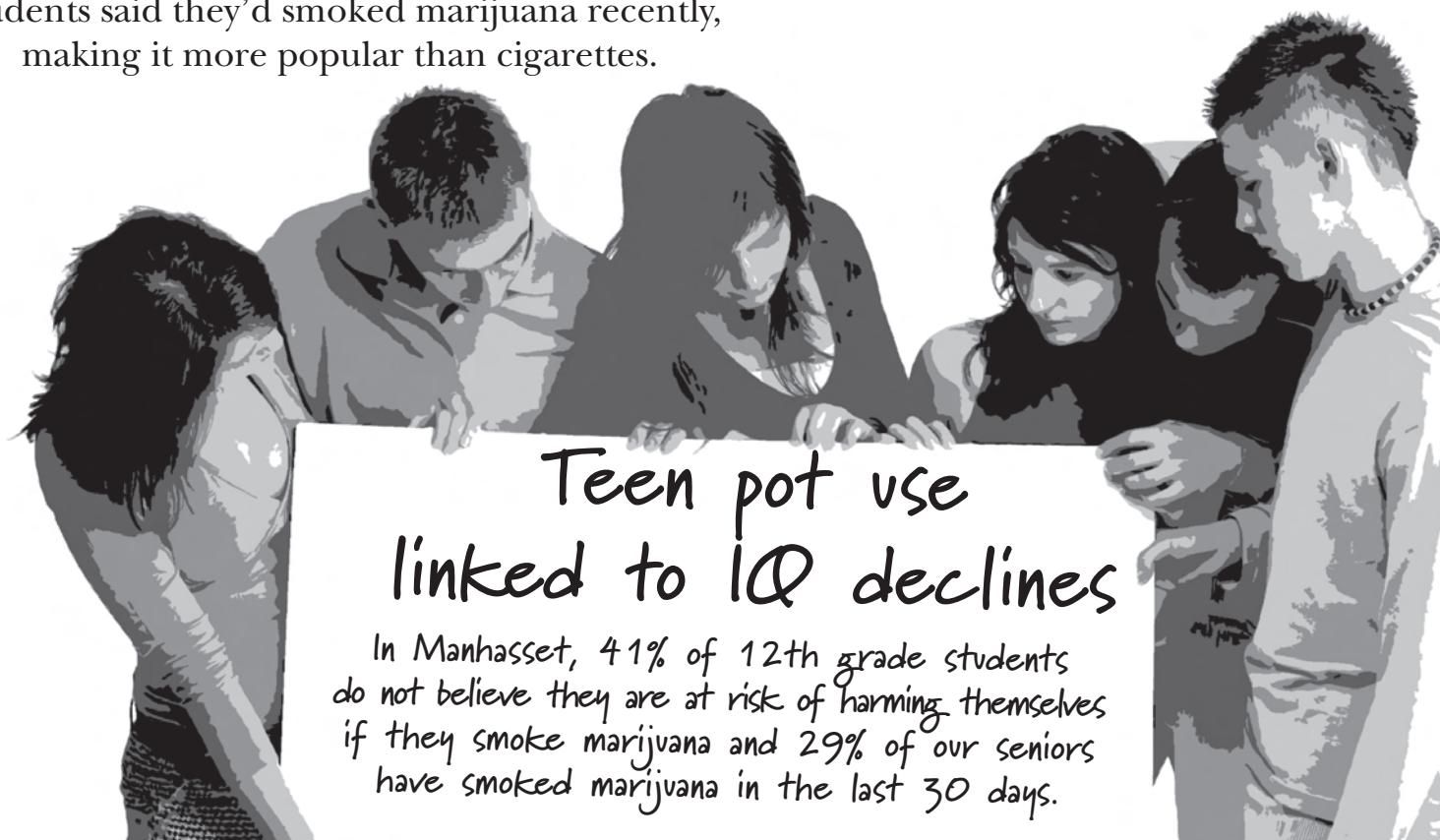
In the United States, 23 percent of high school students said they'd smoked marijuana recently, making it more popular than cigarettes.

Join us at  
**Manhasset  
High School**

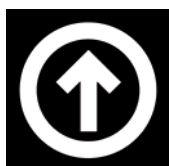
Thursday, October 18, 2012  
7:30PM

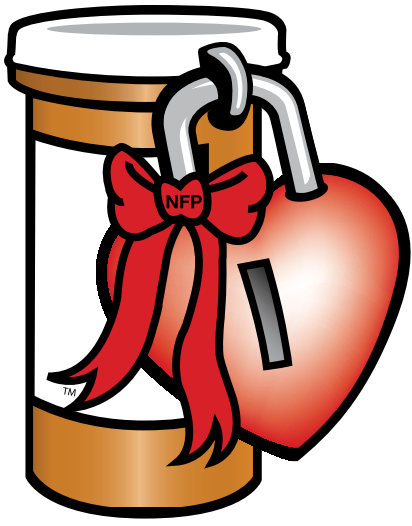
Join your community to change  
the prevalence of substance  
abuse in Manhasset.

*It's about our children's future.*



A Bilingual Program for Parents and Students (Grades 5-12)  
For more information, contact Manhasset CASA at 516.267.7548 or go to [www.manhassetcasa.org](http://www.manhassetcasa.org).





# LOCK YOUR MEDS

70 % of teens who abuse prescription drugs get them from friends & family.

**Be Aware. Don't Share.**

## A PHARMACEUTICAL TAKE-BACK EVENT

**Saturday, October 20, 2012**

**9:30 a.m. to 2:00 p.m.**

**Manhasset Park District Commuter Lot  
(across from Manhasset High School)**

Join your community and clean out your medicine cabinet of any prescription or over-the-counter drugs that may be expired, unused or unwanted. Discard these items in an environmentally safe manner while protecting your kids!

**Instructions:**

- Keep all medications in their original containers
- Block out the name for anonymity --- Do not cross out medication information
- Illegal drugs may also be dropped off anonymously

ACCEPTED	NOT ACCEPTED
Prescription medications (controlled & uncontrolled)	Sharps (e.g. needles and Syringes)
All over-the-counter medications	IV bags
Medication samples	Bloody or infectious waste
Pet Medications	Pharmaceutical waste not generated by households (e.g., clinics, pharmacies, hospitals, doctors, etc.)
Vitamins & Supplements	Radioactive pharmaceuticals
Medicated ointments, lotions, creams & oils	Vaccines
Inhalers	
Liquid Medication	
Homeopathic Remedies	
Suppositories	

## Protect Your Children Protect Our Environment

For more information about how to dispose of pharmaceuticals safely call 311 or go to [www.northhempsteadny.gov](http://www.northhempsteadny.gov)

