## PRESCRIPTION DRUGS MISUSE FACTS



- Every day, more than 4,000 children
  and young adults begin experimenting with prescription drugs (SAMSHA, 2008 National Survey on Drug Use and Health);
- The trend on Long Island mirrors a national rise in prescription pain drug addiction. Health experts say it is the fastest-growing drug problem in America, ranking only behind alcohol and marijuana as the most-abused substance (Newsday, July 20, 2010);
- 70% of children who abuse prescription drugs get them from family or friends (SAMHSA 2006 National Survey on Drug Use and Health 9/07);
- Nearly one in five (19 percent or 4.5 million) teens has tried prescription medication
   (pain relievers such as Vicodin® and OxyContin®; stimulants like Ritalin® and Adderall®)
   to get high and one in 10 (10 percent or 2.4 million) teens report abusing cough
   medicine to get high; (Partnership for a Drug Free America, 2006 Partnership Attitude Tracking
   Survey (PATS);
- Two in five teens (40 percent or 9.4 million) believe the myth that Rx medicines, even if they are not prescribed by a doctor, are "much safer" to use than illegal drugs (Partnership for a Drug Free America, 2006 Partnership Attitude Tracking Survey (PATS);
- Nearly one-third of teens (31 percent or 7.3 million) believe there's "nothing wrong" with using Rx medicines without a prescription "once in a while" and nearly three out of 10 teens (29 percent or 6.8 million) believe prescription pain relievers—even if not prescribed by a doctor—are not addictive; (Prescription for Disaster: How Teens Abuse Medicine, December 2008);
- Among teens, 13 is the mean age of first non-prescribed use of sedatives and stimulants. Sixty percent of teens (12-17) who have abused prescription painkillers first tried them before age 15. (ONDCP, Prescription for Danger, January 2008).











