# Manhasset CASA Manhasset Public Schools Manhasset SCA

Working together to Build Successful Community Prevention

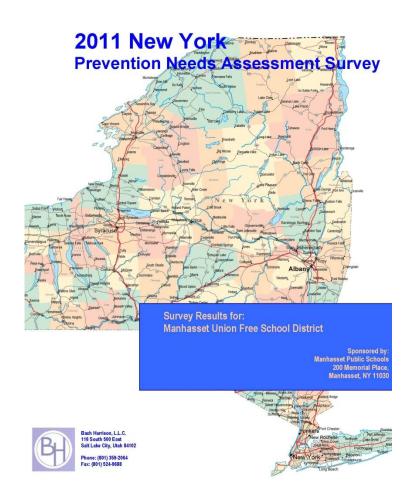


#### "Are we having any impact or just howling at the moon?"



# Strategic Prevention is Ongoing and a Process





#### **Manhasset CASA's Goals**

- I. Reduce Substance Abuse among youth and, over time, among adults;
  - Reduce all underage drinking, including binge drinking;
  - Delay the onset of initial use of alcohol;
  - Reduce other drug use including marijuana, prescription drugs, inhalants and tobacco.

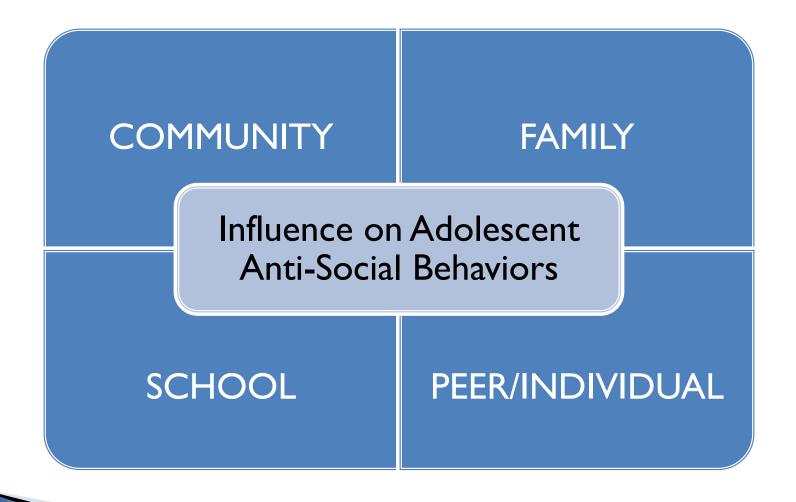
## Manhasset CASA's Goals (cont'd)

- 2. Establishing and strengthening collaboration within the community to prevent and reduce substance abuse among youth.
  - 12 sectors + work with Manhasset CASA

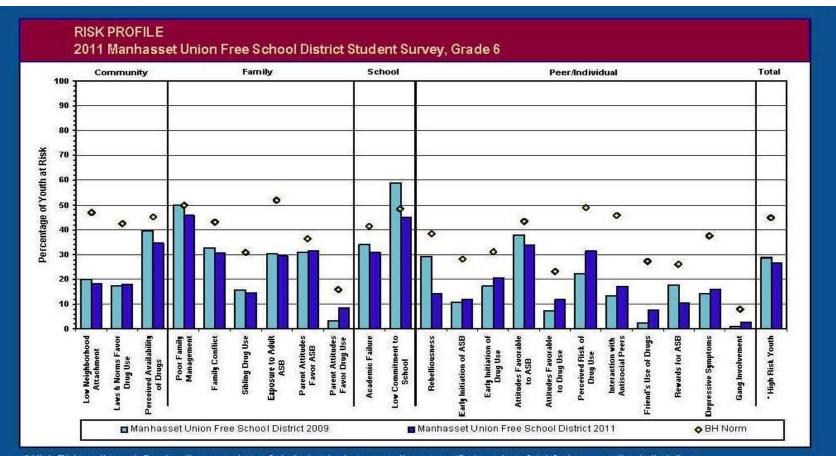
# Strategic Prevention Framework

- Based upon epidemiological research that has identified RISK and PROTECTIVE factors that lead to problem behaviors during adolescence including substance abuse;
  - Guidance in developing framework and achieving goals

#### **Risk & Protective Factors**

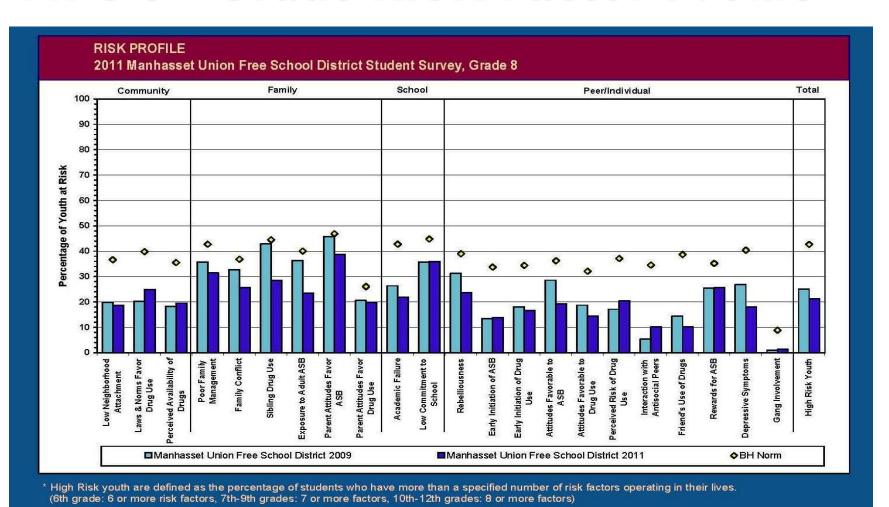


#### MPS 6th Grade RISK Factor Profile

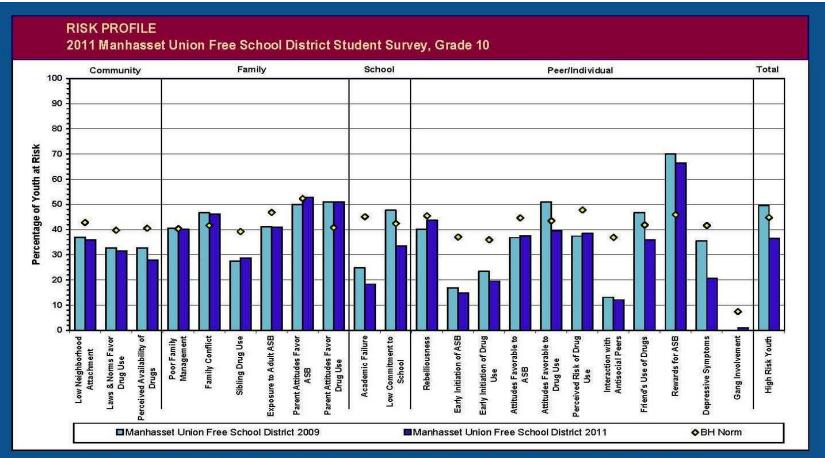


\* High Risk youth are defined as the percentage of students who have more than a specified number of risk factors operating in their lives. (6th grade: 6 or more risk factors, 7th-9th grades: 7 or more factors, 10th-12th grades: 8 or more factors)

#### MPS 8th Grade RISK Factor Profile

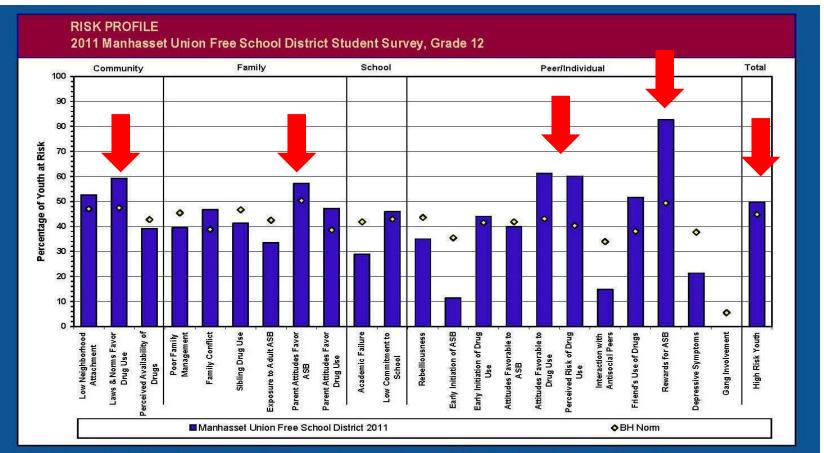


#### MPS 10th Grade RISK Factor Profile



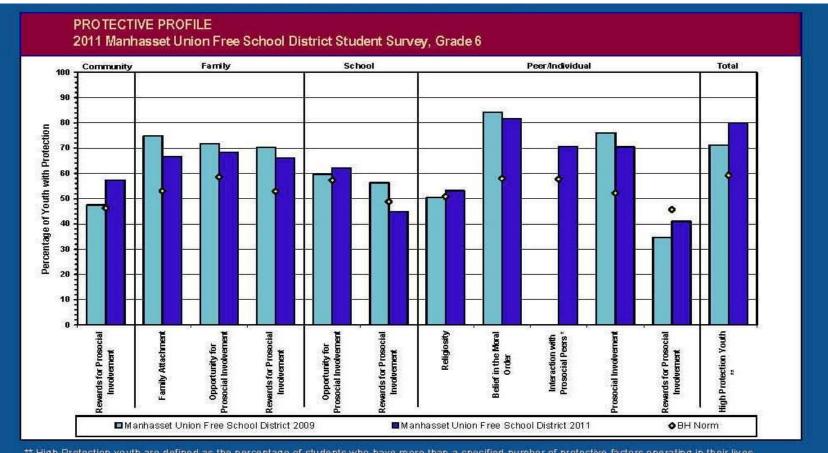
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#### MPS 12th Grade RISK Factor Profile



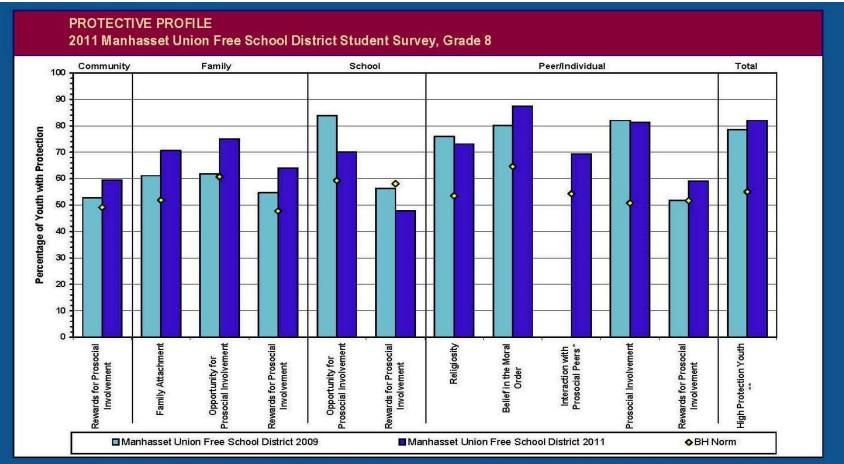
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#### MPS 6th Grade Protective Factor Profile



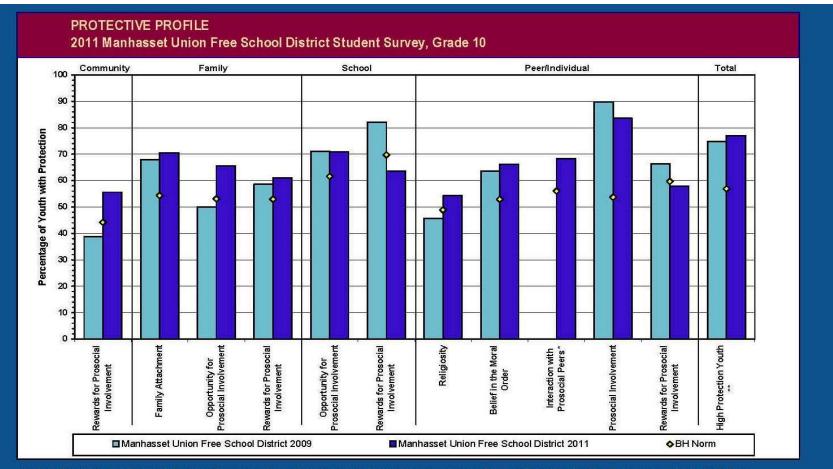
\*\* High Protection youth are defined as the percentage of students who have more than a specified number of protective factors operating in their lives. (6th and 7th grades: 3 or more protective factors, 8th-12th grades: 4 or more factors). Prior to 2010, original values are reported.

#### MPS 8th Grade Protective Factor Profile



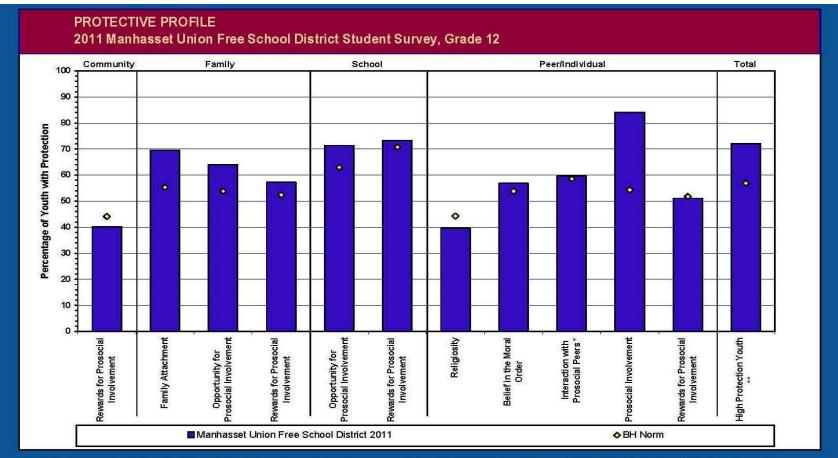
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#### MPS 10th Grade Protective Factor Profile



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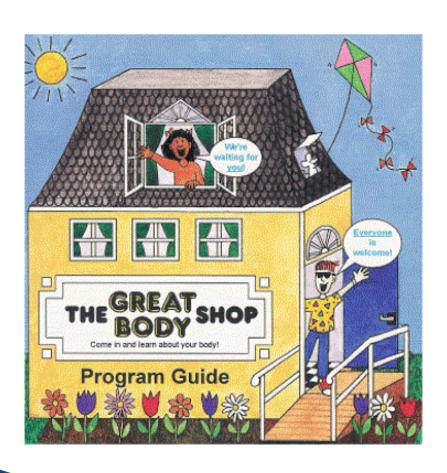


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# Strategies for Prevention Programming are based upon

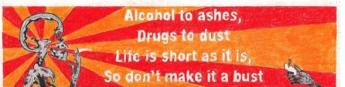
- Prevention Education
- 2. Environmental Strategies
- 3. Community-Based Process
- 4. Positive Alternatives

#### 1. Prevention Education (Elementary)



- Meets National and State Standards
- Annually updated
- Research based
- Emphasizes Life-Long Learning
- Cross-curricular/multiple intelligence approach
- Web based tools and technology
- Affordable

# 1. Prevention Education (Secondary School)







#### 1. Prevention Education (Secondary School)







We are Above the Influence





Manhasset Middle School SADD

#### 1. Prevention Education (Community)

- Nursery School Building Blocks to a Healthy Future
- Senior Citizen Outreach Power of a Grandparent
- Family Day (K-6)
- Red Ribbon Week
  - Parent Outreach Mailings (K-12)
  - Bilingual parent programming (K-12)
  - Teacher outreach (7-12)
- National Drug Facts Week
- March CASA/SCA Health and Fitness Week
  - Helping Children Develop Healthy Habits (K-6)
  - Choosing a Healthy Lifestyle (7-12)
- Spring Underage Drinking Campaign
  - Frolic Parent Meetings Teen Party Parent Booklet pending
  - Graduation Mailing/Red Watch Band
- Guidance Parent Meetings

# **Guidance Parent Meetings**

• September 15, 2010

12th Grade

What Parents Need to Know About College Drinking

September 28, 2010

9th Grade

Navigating the Teen Years

October 28, 2010

11th Grade

**Crucial Conversations** 

January 5, 2011

8th Grade

Real Kids are Curious About Alcohol

February 10, 2011

10th Grade

Marijuana What Every Parent Should Know

- Policy & Laws
  - Tobacco Free Schools Policy
  - MPS Breathalyzer Policy (other approaches on Long Island)
  - Nassau County Social Host Law
- Availability
  - Lock Your Meds Take Back Events
- Enforcement/Compliance
  - Project 21 Initiatives Nassau County Police 6<sup>th</sup> Precinct
  - Targeted Party Patrols
- Media/Communications
  - Underage Drinking and Prescription Drug Misuse Prevention Campaigns
    - Parents Who Host Lose the Most
    - Underage Drinking Not a Minor Problem

## 2. CASA's Environmental Strategies





Don't be a party to teenage drinking.

It's against the law.



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70% of teens who abuse prescription drugs get them from friends & family.

Be Awar

Don't Sha

Be Aware. Don't Share.

# 3. Community Based Process













# 3. Community Based Process Media's Role



# Newsday









## **Twelve Sector Representation**



































MANHASSET PRESS





























#### 4. Positive Alternatives

- Promote skills, knowledge, and/or attitudes that support youth in refraining from future substance abuse;
- Occupy free time that might otherwise be idle or unstructured;
- Community service that provides meaningful involvement in socially responsible activities;
- Opportunities to interact in positive ways with peers;
- Adult supervision or development of positive relationships with adults.

#### 4. Positive Alternatives

- CASA/Green & Nutrition Club
  - Lock Your Meds Campaign
  - Health & Fitness Week/Movie Night
    - What's On Your Plate?
- Manhasset CASA funds
  - SADD activities
  - Red Ribbon Week
  - Manhasset Unplugged Talent Show
  - Middle School Above the Influence Dance
  - Rachel's Challenge funded
  - Award for GSA Club Member







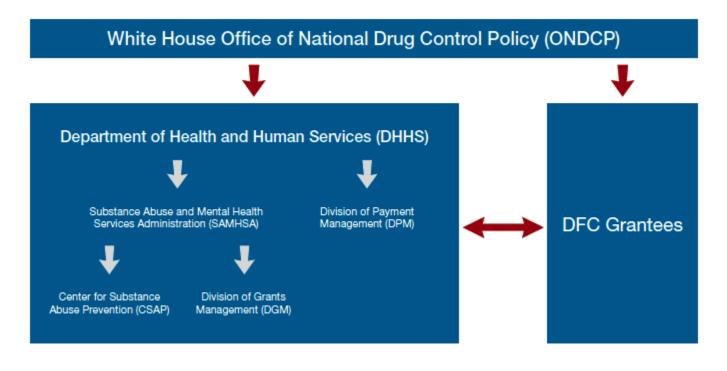
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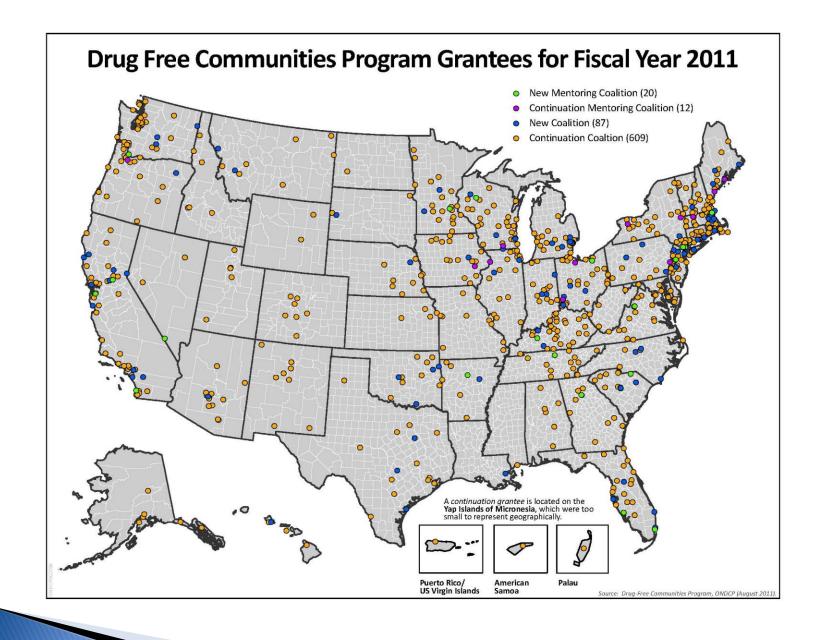




# CASA: Part of a bigger picture!

**Drug Free Communities (DFC) Federal Partners** 





# **Prevention through Connection!**





