A Collaboration to Protect the Environment, Increase Education & Promote Awareness of Prescription Drug Misuse
• June 2009 1st Take Back Event in Nassau County by partnering with Nassau County Police
• To date, the TONH Pharmaceutical Collection Program has collected over 3000 lbs. pharmaceuticals

• Permanent part of TONH STOP (Stop Throwing out Pollutants) Program

• 2011 EPA Environmental Quality Award
Manhasset CASA
Fall 2010 Lock Your Meds Campaign

- Collaboration to engage the community to discuss prescription drug misuse and decrease teen access to prescription and over-the-counter drug misuse

- Use of National Family Partnership’s campaign slogan
  Lock Your Meds
  Be Aware Don’t Share
Publicity and Education

Drugs, Dealers, Danger...Just a Click Away. Are You Watching Your Teens Online? - Who Is?

Publicity and Education

LOCK YOUR MEDS

Be Aware. Don't Share.

A PHARMACEUTICAL TAKE-BACK EVENT
Saturday, October 23, 2010
9:30 a.m. to 3:00 p.m.
Manhasset High School

Join your community and clean out your medicine cabinet of any prescription or over-the-counter drugs that may be expired, unused or unwanted. Discard these items in an environmentally safe manner while protecting your kids!

Instructions:
- Keep all medications in their original containers
- Block out the name for anonymity — Do not cross out medication information
- Illegal drugs may also be dropped off anonymously

Manhasset CASA Reminds Parents of Over-the-Counter Medicine Abuse

As part of its Lock Your Meds, Be Aware, Don't Share Awareness Campaign, Manhasset CASA reminds parents of the dangers of over-the-counter (OTC) cough and cold medicines. OTC medicines are often the most common medicines used by children, but misuse of cough medications among 8th, 9th, and 10th graders is at 5.8 percent, 6 percent, and 6.9 percent, respectively.

Possible Signs of Abuse
Some possible signs of abuse might include your teen seeking frequent purchases of OTC cough preparations from the same store or different stores, or from friends. Be aware of the signs and talk to your teen about the importance of taking medication as directed. If you suspect your teen is taking prescription medication, contact your healthcare provider.

Manhasset CASA recently met with rotary clubs members to discuss its Lock Your Meds, Be Aware, Don't Share Awareness Campaign. broccoli, carrots, and zucchini. The event was sponsored by the Manhasset CASA, Nassau County CASA, and the Rotary Club of Manhasset. The event included a presentation on the dangers of prescription and nonprescription medications, as well as the importance of proper storage and disposal of medications.

“Protect Your Children, Protect Our Environment”

For more information about how to dispose of pharmaceuticals safely call 311 or go to www.northshapvaspdy.gov
Collaboration with Clergy

THE CONGREGATIONAL CHURCH OF MANHASSET
(United Church of Christ)

TWENTY-FIFTH SUNDAY AFTER PENTECOST
NOVEMBER 14, 2010
10 A.M.

Ministers
Rev. James E. Brown Only
Rev. Lori C. Burgess

Church Administrator
Donna George Marchese

Ministry of Music
Craig Tocher
Judith Feuss

1845 Northern Boulevard, Manhasset, NY 11030
Phone (516) 627-4911
Fax (516) 627-4963
www.ucmmanhasset.org
Collaboration with Schools

Collaboration with Schools

When it comes to teen prescription drug abuse, parents need education as well.

You care about your students. And you probably know them as well as anyone. That's why you should be aware that while teen drug use is down overall, one category is actually on the rise — the abuse of prescription drugs. In fact, there are more new abusers (12 and older) of prescription drugs — such as pain relievers, depressants, and stimulants — than there are of marijuana.1 Between 1995 and 2003, the number of substance abuse treatment admissions for prescription pain relievers increased by more than 300%.2 The bottom line is clear: Abusing prescription drugs can have severe consequences and risks for pupils.

Most students use prescription drugs appropriately — to treat attention deficit hyperactivity disorder (ADHD), anxiety, and physical pain. There is, however, a growing trend of students using and sharing these drugs to get high, often in combination with other drugs or alcohol. Seventy percent of pupils aged 12 and older who abuse pain relievers say they get them from a friend or relative.3 Obtaining these drugs can be as easy as opening the family medicine cabinet, a friend's purse, or locker. And since there is no street or small, prescription drug abuse can be hard to detect.

This problem can be preventable. As a school professional, you play an important role.

Learn to recognize the signs and symptoms of prescription drug abuse, and encourage pupils, parents, and other adults to:

- Safeguard all drugs in their homes. Monitor quantities and control access.
- Set clear rules for the use of all drugs, including over-the-counter medicines and drugs always following the medical provider's advice and directions.
- Be a good role model by following these same rules with your own medicines.
- Properly dispose of unused or expired medicines in the trash.
- Ask friends and family to safeguard their prescription drugs as well.

For more information on prescription drug disposal guidelines, as well as the risks, signs, and symptoms of teen prescription drug abuse, visit www.TheAntiDrug.com or call 1-800-786-2600.

Signed,

[Signature]

Drugs, Dealers, Danger...Just a Click Away.
Are You Watching Your Teens Online?
...Who Is?

Lock Your Meds
Be Aware. Don't Share.

Things You Can Do

- Remove drugs from your medicine cabinet and hide them, lock them up or take them out of your house.
- Safeguard all medicines that have to remain at home by monitoring quantities and controlling access.
- Take inventory by writing down the names and amounts of medications you currently have and regularly check to see if anything is missing.
- Monitor the dosages and refills if your child is on prescribed medication. Set clear rules, such as, not sharing and always following proper dosages.
- Warn your youngsters about taking prescription or OTC drugs without a doctor's supervision can be just as dangerous and potentially lethal as taking street drugs.
- Supervise your child's Internet use: many pharmacy sites are not regulated and will sell your child medications without prescriptions.

For more information about how to dispose of pharmaceuticals safely call 311 or go to www.northernpsych.com.

[Signature]

1. SAMHSA, 2006 National Survey on Drug Use and Health (September 2007)
2. SAMHSA, 2006 National Survey on Drug Use and Health (September 2007)
3. SAMHSA, 2006 National Survey on Drug Use and Health (September 2007)
Collaboration with TONH

At no cost to Manhasset CASA or the Manhasset School District, the town

- Hosted and promoted the Saturday event and collected 360lbs of expired and unwanted pharmaceuticals from the community;

- Used its reverse 311 calling system to advertise take back event to over 4,000 Manhasset residents with campaign message and event promotion from a key community representative.
October 23, 2010
1st Pharmaceutical Take Back Event on school property collecting 360 lbs. of pharmaceuticals (50 lbs. narcotics).
Developing a Take Back Event

• The Town Of North Hempstead Recycling Partnership Program is proud to offer each school that participates in our North Hempstead Recycling Partnership Program the opportunity to have a Pharmaceutical Collection Event in their district
  CONTACT: FRAN REID 516-767-4836

• Manhasset CASA Lock Your Meds Campaign materials available online at www.manhassetcasa.org
Resources

- www.lockyourmeds.org
- www.prescriptiondrugabuse.org
- www.cadca.org/resources/detail/rx-abuse-prevention-toolkit
- www.theantidrug.com/resources
- www.americanmedicinechestchallenge.org
- www.stopmedicineabuse.org
- http://www.oasas.state.ny.us/publications/index.cfm
- www.nida.nih.gov/