A Power of Parenting Program

Stress & Screens: How to Thrive not just Survive!

Featuring

Dr. Edward Hallowell

Author & World Renowned ADHD Expert

Are your kids addicted to their devices?

Are you worried about the short and long term effects of this technology?



Join parents and community residents to learn more about the effects our 24/7 techno world has on teens and young adults - combined with academic, family peer, and extra curricular stress!

REGISTRATION REQUIRED on Sign-Up Genius at manhassetcasa.org or manhassetsepta.org

Join us at

Manhasset Public Library
Thursday, April 6, 2017
7:30PM Community Room



Edward Hallowell, M.D., is a child and adult psychiatrist, leading authority in the field of ADHD and co-author of the ground-breaking New York Times best-seller, *Driven to Distraction*. He has been frequently featured on 20/20, Oprah, 60 Minutes, CNN, PBS, NPR, and in Newsweek and the New York Times. Learn more at www.hallowell.com

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