

Overdose prevention workshop set

Nassau County Executive Edward Mangano invites school nurses and administrators to an Overdose Prevention Workshop entitled "Schools in the Know" to learn lifesaving techniques related to heroin and pain pill misuse.

Attendees will learn about current drug use trends among school-aged individuals and how to recognize and prevent an opiate overdose death.

Free Narcan kits will be provided to attendees and their respective school districts at the workshop.

"I encourage school personnel to take advantage of this opportunity that could save students' lives," Mangano said. "The rise in substance use among our youth and the increasing number of unintentional overdoses, here and nationwide, demonstrates

the need for communities to work together to solve substance abuse problems."

The state Education Department ruled in August 2015 that school nurses, who are "medically trained," can participate and administer Narcan without liability. School districts also have the ability to maintain shared Narcan kits in each school district.

Narcan has been used by paramedics and emergency room doctors for decades to save lives. Yet a 2006 state law allows citizens to administer Narcan in an attempt to save a life, without fear of liability.

Nassau County has already provided Narcan training for nearly 6,000 people since 2012. At least two dozen trainees have used that knowledge -- and the Narcan kit they were given -- to

revive someone overdosing on heroin or painkillers and save their lives.

Narcan is administered through a nasal spray, and is provided at no charge to trainees over the age of 18.

At least 190 Nassau residents died from heroin and prescription painkillers in 2014 (final statistics for 2015 are not yet available).

The workshop, presented by the Education & Prevention Subcommittee of the Nassau County Heroin Prevention Task Force (HPTF) will be held Friday, March 11, from 8:30 a.m. to 12:30 p.m. at Molloy College, 7180 Republic Airport, Farmingdale.

The \$10 per person fee includes a continental breakfast and continuing education credits for CASACs and social workers,

provided by the Nassau County Department of Human Services.

School nurses and administrators must pre-register online at www.surveymonkey/r/schoolsintheknow.

The "Schools in the Know" seminar begins with registration from 8 a.m. to 8:30 a.m., followed by a program at 8:30 a.m.

The breakfast seminar includes speakers with personal experience with heroin and opiate use disorder, and an overview of the epidemic statistics and trends. Resources and services available, opiate overdose reversal training, and distribution of Narcan kits.

For more information, contact Eden Laikin at 516-571-6105.

Nassau's Mental Health and Chemical Dependency profes-

sionals, within the County's Department of Human Services, have trained over 6,000 civilians and first responders, since the office became state certified in September 2012.

Dozens of trainees have used that knowledge and the Narcan kit they were given to revive someone overdosing on heroin or painkillers, and save their lives.

The Heroin Prevention Task Force is co-chaired by Mangano and Nassau County District Attorney Madeline Singas.

For dates and locations of upcoming public overdose prevention seminars, call 516-571-6105 or visit www.nassaucountyny.gov/overdose.

To schedule a Narcan training session in your community contact David Hymowitz at 516-227-7023.

Guidance Center, Northwell offer workshops



North Shore Child & Family Guidance Center

North Shore Child & Family Guidance Center will be hosting free monthly "Positive Parenting Workshops" in conjunction with Cohen Children's Medical Center, part Northwell Health, formerly the North Shore-LIJ Health System.

Each workshop will be held at the Guidance Center's Marks Family Right from the Start Center, located at 80 North Service Road of the Long Island Expressway, from 7 p.m. to 8:30 p.m. on the second Tuesday of each month.

A pediatrician from Northwell Health will speak at each workshop and also take questions from the audience.

The first workshop will focus on issues such as toilet training, bedwetting and other issues of interest related to children's urological conditions.

"Parents can feel overwhelmed when it comes to issues such as toilet training and

bedwetting," says Dr. Lane Palmer, chief of pediatric urology at Northwell Health's Cohen Children's Medical Center.

"There are some very simple techniques that can make the process go very smoothly for both the parent and the toddler."

According to Dr. Reena Nandi, director of psychiatric services at North Shore Child & Family Guidance Center, the monthly Positive Parenting Workshop series will provide parents and caregivers with much-needed information to help raise healthy, happy children.

"We are thrilled to be partnering with such a prestigious group as the pediatricians at Northwell Health, who bring with them deep knowledge of the kinds of issues that parents need to know for their children's well-being," she says.

Upcoming topics will include nutrition, vaccinations and sleeping issues. A full schedule will be announced in the near future.

Town reminds residents to pay first-half tax bills

Receiver of Taxes Charles Berman is reminding taxpayers that the last day to pay the Town of North Hempstead 2016 General taxes--first-half bill without a penalty is Wednesday, Feb. 10.

The U.S. Postal Service must postmark mailed payments on or before Feb. 10, to avoid a penalty. By law, office postage meters are not official postmarks.

The Receiver of Taxes recommends that taxpayers mailing payments on the last day have their payments hand stamped at the post office to ensure a timely postmark.

Berman also announces that his office will be open from 9 a.m. to 7 p.m. on Wednesday, Feb. 10. In addition to paying in

person at the Receiver of Taxes' office at 200 Plandome Road (Town Hall Annex), Manhasset, taxpayers may also pay in person with only a check or money order at the following local collection sites:

Monday, Feb. 1, 10 a.m. - 12 p.m. - Port Washington Parking District, 15 Vanderventer Ave., Port Washington

Monday, Feb. 1, 1 - 2 p.m. - Hector Gayle Roslyn Community Center, 53 Orchard St., Roslyn Heights

Tuesday, Feb. 2 10 a.m. - 12 p.m. - Fuschillo Park, Carle Rd. & Broadmoor Ln., Carle Place

Tuesday, Feb. 2 1 - 2 p.m. - Yes We Can Community Center,

141 Garden St., New Cassel

Wednesday, Feb. 3, 10 a.m. - 12 p.m. - Clinton G. Martin Park, Marcus Ave. and New Hyde Park Rd., New Hyde Park

Wednesday, Feb. 3, 2 - 3 p.m. - Broadway Park, Broadway & County Courthouse Rd., Garden City Park

Thursday, Feb. 4, 11 a.m. - 12 p.m. - Great Neck Social Center, 80 Grace Ave., Great Neck

Thursday, Feb. 4, 1 - 3 p.m. - Michael J. Tully Park, Evergreen Ave., New Hyde Park

Friday, Feb. 5, 12 - 2 p.m. - John D. Caemmerer Park, Wentworth Ave., Albertson

Please bring your entire bill with you when paying in person.

Regular office hours are 9 a.m. to 4:45 p.m. For further information, taxpayers may visit the Town's website at www.northhempsteadny.gov or call 516-869-7800.

To better serve our taxpayers, our e-mail payment reminder service is available. To sign up, please go to the Town website and click on the envelope in the upper left-hand corner of the screen, then follow directions for tax payment alerts. A reminder will be e-mailed approximately 10 days before the last day to pay the tax without a penalty.

In addition, property owners may register online for "no cost" access to their General and

School property tax information. You can log on to our website at www.northhempsteadny.gov (click the "Government" tab, click on "Receiver of Taxes", and then click the "Online Tax Information & Payments" link) any time to view, print, or check the payment status of your property tax bills.

Additionally, for a "convenience fee" property owners will also be able to pay their tax bills using American Express, Visa, MasterCard or Discover or by "Automatic Electronic Check". Please note that conventional payments via the U.S. mail or an in-person payment will continue to be "without any convenience fee or charge".