

## COMMUNITY CALENDAR

### Wednesday, Jan. 4

#### Parent Night

The Manhasset Middle School guidance counselors will host an informative evening for eighth-grade parents in the high school auditorium at 7:30 p.m.

### Thursday, Jan. 5

#### Board of Education Meeting

The Manhasset Board of Education will hold their regularly scheduled meeting at 8 p.m. at Manhasset High School. For a copy of the agenda, visit [www.manhassetschools.org](http://www.manhassetschools.org).

#### Stars in the Ring

A lecture and PowerPoint presentation by eminent boxing historian Mike Silver, author of *Stars in the Ring: Jewish Champions in the Golden Age of Boxing*. For more than 60 years—from the 1890s to the 1950s—boxing was an integral part of American popular culture and a major spectator sport rivaling baseball in popularity. The author presents this vibrant social history and boxing's significant role in the Americanization process for an immigrant population struggling for acceptance into the social and economic mainstream in the early decades of the last century. Manhasset Public Library at 7 p.m.

### Friday, Jan. 6

#### Returning Graduate Panel

Returning graduates of the Class of 2016 will speak to parents and high school seniors on their experiences at the variety of college and university that they are attending to get insight into college and their experiences with the college application process. The panel will be held in the Manhasset High School auditorium for parents at 10 a.m. and for students at 11:30 a.m.

### Saturday, Jan. 7

#### The Frosh

Manhasset High School Class of 2020 is invited to attend the Winter

- Wonderland formal at Manhasset High
- School cafeteria from 7:30 to 10 p.m.
- Tickets will be sold during lunch on Thursday, Jan. 5, and Friday, Jan. 6.
- Tickets will not be sold at the door.

### Monday, Jan. 9

#### Cancer Wellness Program

- Eat. Chat. Move! The Cancer Institute at St. Francis Hospital and The Sid Jacobson JCC have teamed up to create a 12-week program to learn how to lead a healthy lifestyle for breast cancer and gynecological cancers. Participate in exercise with an oncology-certified exercise specialist and discuss positive nutrition habits with an oncology-registered dietitian. Physician's clearance is required. The program will be held at Sid Jacobson JCC in East Hills. The program runs for 12 sessions from 12:15 to 1:45 p.m. For more information, contact Randy Hight, LCSW, OSW-C, director of Cancer Wellness Center, at 516-484-1545, ext. 213, email [rthight@sjcc.org](mailto:rthight@sjcc.org) or call The Cancer Institute at St. Francis Hospital's Dietitians at 516-325-7526 or email [karen.beigy@chsli.org](mailto:karen.beigy@chsli.org). To register, visit [www.sjcc.org/eachamove](http://www.sjcc.org/eachamove).

### Tuesday, Jan. 10

#### A Wonderland of Art

- The Manhasset Art Association is hosting a two-month winter exhibit at the Shelter Rock Public Library, 165 Searingtown Rd. in Albertson, from Jan. 10 to Feb. 27. Approximately 40 works of art will be shown and judged for Best in Show Awards of Excellence, Award of Merit, Honorable Mention and Figure Drawing.

#### Property Assessment Grievance

##### Workshops

- The Town of North Hempstead Receiver of Taxes is holding a workshop at the Manhasset Public Library from 2 to 4 p.m. in the Community Room. Each year, homeowners have the right to seek review of the property owned assessment with the



#### Returning Graduate Panel speaks at Manhasset High School

- Nassau County Assessment Review Commission. Homeowners are not required to have attorney to represent them. The filing period is Jan. 2 to March 1. Applications will be available. It is recommended to bring the 2018-19 Notice of Tentative Assessment issued by the Nassau County Department of Assessment issued on Jan. 2, 2017.

### Thursday, Jan. 12

#### Eat Brunch with a Health Coach

- A wellness program with Maryann Jones at the Manhasset Public Library will be held from 11 a.m. until noon. Registration is required. This program is part of Keeping Manhasset Healthy in 2017.

#### CASA Sector Meeting

- Manhasset CASA will hold its sector meeting at Manhasset High School at 9 a.m. All residents are invited to attend. The meeting will include a special presentation to Honorable Jack M. Martins for his support of Manhasset CASA's parent and substance abuse prevention education programs. In addition, Kym Laube, Executive Director of Human Understanding Growth Services (HUGS), Inc. will discuss

- why underage drinking is not a rite of passage and the importance of positive alternatives for youth in the prevention of youth substance use. Kym is the President of the National Association of Teen Institutes and the Quality Consortium of Suffolk County. She is a member of good standing in the NYS Association of Substance Abuse Professionals, Prevention Committee, NYS Public Policy Task Force, Suffolk County Partners in Prevention, and was recently appointed to serve on NYS Governor Andrew Cuomo's Opiate Task Force.

#### Surviving the Party

- Surviving the Party featuring Elaine Pasqua includes a dynamic, upfront discussion for students in grades 9-12, will address the party, all that can go wrong, and how you can keep it all right. High-risk behaviors, peer pressure and drug and alcohol's impact on the athlete will also be discussed. Pasqua is a five-time nominee for Best Speaker of the Year for Campus Activities Reader's Choice Awards. She has been a keynote speaker for the NCAA, and provides player development training for the NFL, the NBA, and several NFL teams including the NY Giants and the Jets. She also trains the NY Mets. At 3:30 p.m.

### Saturday, Jan. 14

#### Art Reception

- The Manhasset Art Association will hold a reception and awards ceremony at Shelter Rock Library, 165 Shelter Rock Rd. in Albertson, from 2 to 4 p.m. The judge is Rob Zeller, owner and instructor at Teaching Studios of Art in Oyster Bay. Refreshments will be served and the public is invited.

- Submission for the Manhasset calendar should be sent four weeks in advance to [ejohnson@antomed-iagroup.com](mailto:ejohnson@antomed-iagroup.com). All submissions should include date, time and a brief description of the event.

# Seeking Nominations For Women's Honor Roll

Nominations for the 2017 24th Annual May W. Newburger Women's Roll of Honor are now open until Tuesday, Feb. 21. Anyone interested in submitting a name for consideration can call North Hempstead's 311 Call Center or log-on to the town's website at [www.north-hempstead.ny.gov/roll-of-honor](http://www.north-hempstead.ny.gov/roll-of-honor) and download the application form. The 24th Annual Women's Roll of Honor Breakfast will be held on Wednesday, March 29, at the Clubhouse at Harbor Links in Port Washington from 8 a.m. until 10 a.m.

"The women who volunteer their time and talents to enrich their communities make our town an extraordinary place to live," said Supervisor Judi Bosworth. "By placing the concerns of others first, they set an excellent example for all of us to follow. The Women's Roll of Honor is a wonderful way to say thank you and give them the recognition they deserve."

Event chairperson Wayne Wink said, "The women that are honored at this event are what make up the fabric of the North Hempstead

community. Each year, I am proud to honor the women throughout the town who work to enrich the lives of others and they deserve to be recognized for their efforts."

Since 1994, North Hempstead has held the Women's Roll of Honor breakfast to honor women who reside in the town who have made a contribution to their community, or have accomplished a significant achievement through public or private efforts in a volunteer capacity.

—Submitted by the Town of North Hempstead