

# Six Hours That Will Change Your Family's Life

By **MANHASSET PRESS STAFF**

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Manhasset CASA and the Manhasset SCA are proud to announce a new 3-part parent education series designed to improve communication in families and encourage children to be their best! Active Parenting Now will kick off on Wednesday, Oct. 29 at 9:30 a.m. in the Manhasset Public Library with the remaining sessions to be held on Wednesday, November 5th and Monday, Nov. 17.

The comprehensive parenting series provides vital information for parents with children in grades four through eight. Facilitated by Tim Jahn, M.Ed. with the Cornell Cooperative Extension of Suffolk County's Family Health and Wellness Program, the series seeks to improve family communication, teach responsibility and other important values, and help parents handle problems as they come up. Parents will also develop skills to navigate difficult topics, defuse power struggles and stimulate independence in their children as they grow older! This is a three-part series with attendance highly encouraged on all three dates.

To sign up for Active Parenting Now, go to Manhasset CASA's webpage at [Manhassetcasa.org](http://Manhassetcasa.org) and click the SignUpGenius link.



**Manhasset CASA's Board of Directors announces Active Parenting Now – a three-part Parent Education Series to foster healthy communication in families. Pictured left to right, front row: Deidre Curtis, secretary; Lisa Belinsky, executive director; Stacey Kelly, Caryn Sawyer, and Eugene Petracca, Jr., P.E., Board President; pictured left to right, back row: Robert Aiello and Ed Garofolo, Vice President and Treasurer; absent from picture Andrew Lunetta and Beth Miller.**



## Green Vale's Select Chorus Sings At Carnegie Hall

Practice, practice, practice and you will end up singing at Carnegie Hall. That's what members of Green Vale's Select Chorus did this past summer and according to Jessica Chen, Choral Director, "It was an amazing experience. The guest conductor, Emily Ellsworth, was extremely engaging and inspiring and our singers were on the edge of their seats -- even through 3-hour rehearsals. The 25-minute performance was spectacular."

Chen added, "Green Vale's students were joined by several choruses from other parts of the country, some of which were older and more advanced, which was wonderful because it opened our students' ears to what's possible. They were all thrilled with the final performance and feedback from parents and friends who were in awe." As one parent said, "I had no idea! I wasn't expecting anything like this! Oh my goodness; it was beautiful!"

In addition to the Select Chorus, student clubs at Green Vale offer enrichment in many areas – rocketry, health and wellness, chess, sustainability, organic gardening and community service to name just a few. To learn more about Green Vale, for students in Pre-Nursery through Middle School, visit [greenvaleschool.org](http://greenvaleschool.org) and RSVP for an open house on Wednesday, Oct. 8 or call 516-621-2420, ext. 146.

### NEWS BRIEF

#### Politics on Long Island: An Insider's View

Reach Out America presents Joye Brown, columnist for *Newsday* as its guest speaker on Wednesday, Oct. 8 at 2 p.m. Brown has covered Long Island for the paper since 2006 and has worked as a reporter, an editor, newsroom administrator and editorial writer at *Newsday* since 1983. "She knows Long Island Inside and Out, from

Politics to Potatoes and Everything in Between" has been written about Brown. Her timely presentation will focus on the coming elections in November and what to expect on Long Island. She will bring a real insider's view to the subject.

Her talk will follow Reach Out America's regular meeting with its important committee reports and ongoing activities at 12:30 p.m. at the Unitarian Universalist Congregation at Shelter Rock, 48

Shelter Rock Road in Manhasset.

All are invited. For information call 516-487-8783.

Reach Out America is a grassroots not for profit organization whose purpose is to work with others in social and political action to safeguard our Constitutional rights. Further we work to find peaceful solutions to world problems while strengthening democracy at home.