Manhasset CASA Education Programs On Prevention

BY MANHASSET PRESS STAFF

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October commemorates two important prevention observances: National Substance Abuse Prevention Month, addressing the role substance abuse prevention plays in promoting safe and healthy communities, and Red Ribbon Week, celebrating our nation's oldest and largest drug prevention and awareness campaign.

CASA asks for community support of Red Ribbon Week, which will be observed in Manhasset from Saturday, Oct. 22, through Sunday, Oct. 30. The red ribbon is a symbol of our commitment to the education, understanding and prevention of substance abuse. Throughout Manhasset, elementary school families will display red ribbons outside their homes to support the campaign.

Manhasset CASA invites parents, youth and residents to attend our free fall educational programs and local pharmaceutical take-back events. Education and action is key to support the wellness of our youth and families. The events and their descriptions are as follows:

CASA/SCA Red Ribbon Week

Parent Presentation

Tuesday, Oct. 25, at 7:30 p.m. at Munsey Park School or Wednesday, Oct. 26, at 9:30 a m

Oct. 26, at 9:30 a.m. SCA Joint MP/

SR Parent Council meeting at Shelter Rock School: The Keys to Effective Parenting featuring Kim Fanter, Manhasset parents' favorite parent educator, will address how relationships are the foundation to everything, the four critical needs of our children, three tips every parent needs to know to set/enforce limits, as well as how to strengthen our parent-child relationships.

Drug Trends & Young People and Naloxone Training for Parents and Students (Grades 7-12)

Wednesday, Oct. 26, at 7:30 p.m. at Manhasset High School Black Box Theatre

The program features presentations by the Long Island Council on Alcoholism and Drug Dependence (LICADD) and Linda Ventura, a Kings Park mother of three, who lost her son to a heroin overdose. Naloxone Administration Training will be available at the end of the program. All can participate in the training but you must be 18 to receive a naloxone kit. Chinese translation is also available. Registration is required through CASA's website at www.manhassetcasa.org or sign up directly at www.signupgenius .com/go/20f0e4ea8a923a64-drug.

Town of North Hempstead S.T.O.P. and Pharmaceutical Take Back Event Oct. 30 from 9:30 a.m. to 3 p.m. at North Hempstead Beach Park.

Rid your home of unnecessary medications in an environmentally friendly manner to help prevent teen prescription drug abuse. For more information, call 311.

Active Parenting Now: 3-Part Series for Parents (Grades K-6)

Thursday, Nov. 3, 10 and 17 at Manhasset Public Library

A video-based parent education

program features Tim Jahn, M.Ed of the Cornell Cooperative Extension's Family Health & Wellness Program. The series builds on principles of the previous Active Parenting Series and discusses how parents can build courage and self-esteem in children, deal with power struggles and understand/redirect misbehavior and handle anger. Register at www.manhassetcasa.org or directly at www.signupgenius.com/go/20f0e4ea8a923a64-active2.

Stop. Think. Connect. (Grades 7-12) Tuesday, Nov. 1, at 3:30 p.m. at Manhasset High School Auditorium

Students are invited for an Internet Safety Presentation by Nassau County Police Officer Sharon Galvin, who will deliver a candid presentation about Internet safety, social networking and the consequences of just one click.

Since 2001, Manhasset CASA has existed as a resource to reduce youth substance use. CASA seeks to reach teens before they are in trouble by connecting parents, schools and the community as partners in the common goal.

