



Kwon's Karate Class Al Fresco

What a way to start the weekend!
On a recent Saturday morning,
students from Kwon's Karate studio
in Manhasset relax by the pool
after an intense outdoor
training session.

(Photo by Hee Jun Kim)

Parents Do Matter

By MANHASSET PRESS STAFF

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Manhasset CASA invites parents, students and residents to attend It's a Fact...Parents Do Matter on Thursday, Oct. 30 at 7:30 p.m. in the auditorium at Manhasset High School. The "myth busting" presentation features Dr. Robert Turrissi from Penn State University's Parent Resource Center will discuss how parents can influence their teen's decision to abstain from drinking alcohol before the age of 21.

"Decades of research show that there is no safe way to 'teach' teens how to drink responsibly," said Dr. Turrissi. "A clear no-use message is the most effective way for parents to help keep teens safe from the many dangers associated with underage alcohol use. This issue is too important to leave to chance and hope for the best."

In Manhasset High School, 12th graders self-report binge drinking at 2.5 times the national rate (e.g. having 5 or more alcoholic drinks in a row) and 10th graders report binge drinking at almost 2 times the national rate.* In 2013, 25 Manhasset youth between the ages of 12-21 were treated and released in emergency rooms for alcohol, marijuana and/or a mixture of drugs (New York State Healthcare Data Bank SPARCS Data Reporting System). In addition, 10th and 12th grade students report using alcohol at house parties - both with and without a parent's permission. (*2013 Bach Harri-son Prevention Needs Assessment Survey).

Dr. Turrissi is an expert on the role parent-adolescent relationships play in the prevention of underage drinking. He was on NBC's *Dateline* and has co-authored several books and received numerous awards for his work in prevention science.

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director of the Florence Brownstein Preschool

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First Session: 8 Mondays, Beginning October 20, 10:30-11:15am

Second Session: 8 Mondays, Beginning January 5, 10:30-11:15am

Fee: \$80 for each 8-week session or \$15 per class

Ages: 6 months - 2 years

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