

## Around Manhasset Schools

# Red Ribbon Week Celebrations

*Kick Off with Take-Back Event at  
Manhasset High School*

Manhasset CASA and the Manhasset SCA invite the community to take a visible stand against youth substance abuse by celebrating Red Ribbon Week from Oct. 15-23. Red Ribbon Week raises awareness of drug use and its problems, and encourages parents, educators, business owners, and other community organizations to promote healthy and drug-free lifestyles. The red ribbon is a symbol of commitment to substance abuse education and prevention.

With 70 percent of teens who abuse prescription drugs getting them from friends and family, Red Ribbon Week kicks off with CASA's second annual Pharmaceutical Take-Back Event on Saturday, Oct. 15 at Manhasset High School in collaboration with the Town of North Hempstead and Nassau County Police.

Manhasset Elementary Schools will celebrate the theme "It's Up to Me to be Drug Free" throughout the week of Oct. 17. Munsey Park SCA Red Ribbon Week Committee Chairs, Peggy Gajdjis and Rosa Stein and Shelter Rock School SCA Red Ribbon Week Committee Chairs, Leslie Fleck, Erica Kinloch and Tara LaSalle, worked diligently to ensure successful student programming and parent education outreach. In celebration, ribbons are being distributed to Manhasset Elementary School parents as well as Manhasset businesses and clergy to encourage the communitywide celebration. Coordinated by the committee, students will express the importance of making responsible decisions and healthy choices through a schoolwide art project and wear red during the week.

Under the direction of Ms. Caitlin Finley, the Manhasset Middle School SADD Club members are working to promote the theme "Above the Influence" with fellow students. Above the Influence (ATI) is a national campaign created and implemented by the National Youth Anti-Drug Media Campaign, a program of the Office of National Drug Control Policy. ATI informs and inspires teens to be more aware of how drugs and alcohol influence their lives so that they can stand up to its negative pressures and influences.

### Student Programs

Student workshops, Personal Responsibility and Decision Making featuring Kim Fanter of The Great Body Shop, will be presented on Monday and Tuesday at the Munsey Park and Shelter Rock Schools. The workshops will explore the relationship between personal responsibility and healthy decision making and address communication and anti-bullying skills from The Great Body Shop. The Great Body Shop Health Curriculum, a comprehensive health and substance abuse prevention program, is followed in Manhasset's elementary schools.

### Community Programs

Saturday, Oct. 15: CASA's 2nd Annual Pharmaceutical Take-Back Event from 9:30 a.m. – 3 p.m. at Manhasset High School All community residents are invited to clean out their medicine cabinets!

Monday, Oct. 17: The Four Critical Needs of Our Children with Kim Fanter, The Great Body Shop 7:30 p.m. Parent Presentation at the Shelter Rock School - All Parents Invited

Tuesday, Oct. 18: The Four Critical Needs of Our Children with Kim Fanter, The Great Body Shop at 7:30 p.m. at the Manhasset/Great Neck EOC - A Bilingual Presentation - All Parents Invited

Wednesday, Oct. 19: The Four Critical Needs of Our Children with Kim Fanter, The Great Body Shop at 9:30 a.m. at the Munsey Park School

SCA Joint Parent Council Meeting MP/SR - All Parents Invited

Wednesday, Oct. 19: The Courage to Speak featuring Ginger Katz at 7:30 p.m. Manhasset High School - A Community Presentation

Friday, Oct. 28: Your Child's Brain: A Work in Progress with Dr. Stephen Dewey, Feinstein Institute at North Shore/LIJ at 9:30 a.m. at Manhasset High School

SCA Joint MS/HS Parent Council Meeting - All Parents Invited

For more information about Red Ribbon Week, visit [www.manhassetcasa.org](http://www.manhassetcasa.org) contact Manhasset CASA Project Director, Cathy Samuels at 516-267-7548.



Christina Colletti, Jennifer Juliano, Supervisor Jon Kaiman and Sloane Middleton.

## Kaiman Meets With Students to Sign Environmental Pledge

Supervisor Jon Kaiman recently met with environmentally conscious students from Manhasset High School who have been on a campaign to spread awareness among elected officials and a variety of power authorities on the importance and dire need for reflective roofs. According to energy experts, altering the way a building generates its power supply and conserves energy can have a profound impact on the amount it saves, both environmentally and economically.

"It's great to see motivated young adults spread awareness on factors contributing to climate change," said Supervisor Kaiman. "There are indeed steps that local municipalities, businesses and residents can all take to fight global warming and we ought to explore all responsible options to do so."

The United States Environmental Pro-

tection Agency states that Americans spend about \$40 billion annually to air condition buildings. Reflective roof products can lower roof surface temperature by up to 100 degrees, decreasing the amount of heat transferred into buildings and thereby saving residents and businesses hundreds of dollars on their heating bills.

Supervisor Kaiman also signed a petition presented by students Christina Colletti, Jennifer Juliano and Sloane Middleton which states that signatory believes that "Reflective Roofs can help save Planet Earth."

For more information on North Hempstead's environmental initiatives please call 311 or visit [www.NorthHempsteadNY.Gov](http://www.NorthHempsteadNY.Gov). Be sure to stay connected to the town by visiting North Hempstead's Facebook page at [www.facebook.com/townofnorthhempstead](http://www.facebook.com/townofnorthhempstead).

## Youth Autism Awareness Workshop

Calling all third through eighth-graders, come learn and explore what it means to have Autism, how it can affect families and peers, and how you can become a better peer and friend to other children dealing with autism. Cheyenne Begley is holding a workshop for typically developing children from grades three through six on Thursday, Oct. 13, from 4:30 to 6 p.m., and a workshop for middle school students on Monday, Oct. 17, from 7 to 8:30 p.m. Both will be held at the Community Room located in the Manhasset Public Library.

The workshops are Cheyenne's Girl Scout Gold Award project and she will share her experiences as a sibling of a child severely affected by Autism, as she believes that it is important for other children to be tolerant and accepting members of the community with Autism. The goal

for the workshops is also to make Autism less of a mystery to children. Cheyenne has been involved in Girl Scouts since the fourth grade, evidencing the strong leadership of Troop 522, and, for this project, the strong support of fellow Girl Scouts by pushing to make a difference and reaching out in this community.

The workshop will have crafts and activities, which will be geared towards educating typical children on what it means to be a child or related to a child with autism, and how they can make a positive difference in their lives.

Light refreshments will be served, and prizes will be awarded to those who complete the workshop. If you plan on attending or would like more information, please email Cheyenne at [Reelcheydancer@aol.com](mailto:Reelcheydancer@aol.com). Respond quickly, space is limited.



It's Up to Me to Be Drug Free is the theme for both the Munsey Park and Shelter Rock School Red Ribbon Week Celebrations!

## Save the Date

The Manhasset Chapter of the National Art Honor Society presents "Art for a Cure," a student art auction to support breast cancer research, on Tuesday, Oct. 25 in the high school cafeteria. All proceeds will benefit the Manhasset Women's Coalition Against Breast Cancer. Preview begins at 6 p.m. Auction begins at 7 p.m. Refreshments will be served. They hope to see you there.