

Easy, Nutritious Cooking

Lunchtime fundraiser for CASA

By ARDA HARATUNIAN
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Lisa Santos, a talented and experienced cook, has teamed up with Health & Wellness Coach Stacey Kelly to do a hands-on demonstration on healthy, easy and fast cooking. The event, which will take place on Thursday, April 10 from 11:30-1:30 p.m. at Santos' home, will raise money to support Manhasset CASA (Coalition Against Substance Abuse). Guests will sample a wide array

of healthy, easy-to-prepare snacks and meals for use any time of the day. Focused on teaching how small changes can impact the quality of their family's life, the event and all recipes prepared that day will highlight how eating healthy can be easy and fun, while at the same time increasing energy and enthusiasm for cooking.

Tickets are \$40 and space is limited. For more information or reservations please call Katie Lane at 869-3316 or Arda Haratunian at 627-0235.



Master Cook Lisa Santos, CASA volunteers Arda Haratunian and Katie Lane, and Health & Wellness Coach Stacey Kelley preparing for the April 10th "Healthy Cooking, Healthy Living" Demonstration at Lisa Santos' home

Copley Pond Buy A Brick Project

By MANHASSET PRESS STAFF
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If you haven't noticed the change, Copley Park is under renovation. The park, a treasured sanctuary for ducks and geese during most of the year and skaters during the cold weather, has deteriorated over the years with the pathway crumbling and fallen and gnarled limbs of trees breaking the pond and pavement.

The trees surrounding the park have been removed making it look barren; however, \$80,000 in grants has been secured for the work. The village has worked with Nassau County Legislator Rich Niccolello to secure a \$30,000 county grant the village was awarded in 2009 for work at the pond. The village has to spend the money for the revitalization, then will be reimbursed by the county. The other \$50,000 comes from a grant secured by State Senator Jack Martins.

The Munsey Park Women's Club Philanthropic, Inc. is working to rebuild the path. Erin Cunningham is spearheading this venture. The project has already begun with an aerator purchased for the pond with funds sourced through Munsey Park's fundraising with Light the Night. Now the club would like to raise funds to build a better pathway around the pond and in the park with a Buy-A-Brick campaign.

Sponsors can purchase a eight by four inch brick for \$150 or a stone bench with your family name engraved on it for \$2,500. Donations can be made payable to Munsey Park Women's Club Philanthropic, Inc. and sent to P.O. Box 1254 Manhasset, N.Y. 11030. Deadline is April 10.

For more information contact Erin Cunningham at mnpwclubfund@gmail.com or go to www.munsey-parkwomensclub.org.



Troop 557 Renovates All

Adventures in Learning, the Manhasset after school program, received impressive volunteer support from the Manhasset Girl Scouts of Troop 557, under Scout Leader Cindy Rainson's guidance.

The scouts renovated, painted and updated the Activities and Snack room creating colorful and cheerful study areas for math, science, and social studies, along with a coat area. Working towards their Silver Award, the second highest award of the Girl Scouts of the USA, were Alexa Viola, Briana Yarrington, Nandita Desikan and Nadia Shuttoni.

Prior to beginning this project, the scouts needed to complete a Cadette

Journey, which they did. Once the journey was finished, the scouts were then required to complete a 50 hour service project that would leave a lasting impact on the community. Finally, each scout may need to submit the Girl Scout Award report to their local Girl Scout Council.

Diana Holden, Executive Director of Adventures in Learning, expressed her thanks to the Girl Scouts, and said, "The new room is gorgeous and everyone loves being there. I do not know where to start to thank the scouts for their creativity and hard-earned efforts."

Scout Troop Leader Cindy Rainson remarked, "I am so proud of them and the wonderful job that they did!"

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