

COMMUNITY NEWS



Nutritionist speaks at St. Joseph's hospital

Maria Dello, a certified nutritionist that specializes in weight loss, diabetes, and family nutrition, spoke at St. Joseph's Hospital on behalf of the Nassau Chapter of Medical Assistants program on April 7.

She was able to educate all 60 students on nutrition who also received two Continuing Education Units from the Nassau Chapter of Medical Assistants, which included a post lecture test.

Dello lectured the students on how to stay healthy despite their busy schedules and diabetes.

She said the students were receptive and eager to learn responding positively to her lecture.

Dello broke down how one can stay young, eat healthy and cut the cost of staying healthy in today's world.

The lecture was followed up with a question and answer session from the students as well as the president and the vice president of the Nassau Chapter of Medical Assistants.

For more information visit dellonutritionals.com or call 5163651222.

Temple Beth-El to present former judge

Temple Beth-El of Great Neck, at 5 Old Mill Road, will have Judge Sol Wachtler speak at Friday Night Shabbat Services on May 6.

Wachtler will talk about, "The Presidency and the Supreme Court."

The service begins at 7 p.m. and is open to the greater Great Neck Community, free of charge.

Wachtler, an honor graduate of Washington and Lee University and its Law School, served as a Justice of the New York Supreme Court from 1968-1972.

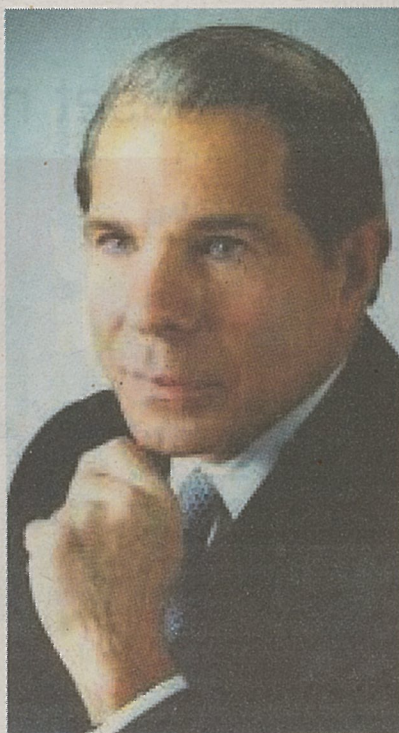
He was a Judge on The New York State Court of Appeals, the State's highest court, from 1973-1992.

In 1985, Wachtler was appointed Chief Judge of the State of New York.

Author, Lecturer, and former North Hempstead Town Supervisor, Wachtler is currently a distinguished Professor of Constitutional Law at Touro Law School.

He lives with his wife, Joan, in Manhasset, and they are the proud parents of four children and have eight grandchildren.

Call Temple Beth-El at 516-487-0900 ext. 110 for questions.



Judge Sol Wachtler

Temple Judea to host Time Inc. editor

Sid Jacobson Jewish Community Center's partners with the Community program will host author Stephen M. Silverman to discuss his book.

"The Catskills: Its History and How it Changed America" written by Silverman and Raphael Silver and tells the history of America's first great vacationland.

From Henry Hudson first spotting the mountains in 1609 to the construction of the Catskill Mountain House making it a popular attraction in the 1800's, Silver-

man and Silver write about the turning points that made the Catskills vital to the development of America.

Silverman is an editor at Time Inc. and was the founding editor of People.com.

The event will be held on Monday, May 16 at 7:30 p.m. at Temple Judea in Manhasset.

Tickets are \$10 and can be purchased at www.sjcc.org.

Temple Judea is located at 333 Searingtown Road, Manhasset, NY 11030.

Martins partners with drug abuse coalition

Senator Jack Martins (R-7th), in partnership with the Nassau County Police Department and the Manhasset Community Coalition Against Substance Abuse (CASA), is sponsoring a "Shed the Meds" program to help residents safely dispose of unused or expired medications.

Participating in the program is easy as residents will be able to drive up, drop off their old or unused medications, and drive away.

Residents can bring any type of medication for disposal, however needles will not be accepted.

All collected medication will be safely disposed of by officers from the Nassau County Police Department who will be supervising the program.

Safe disposal helps protect the environment and eliminates the risk of these drugs getting into the hands of small children or those who might misuse them.

Improper disposal of medications, such as pouring them down the drain or flushing them down the toilet, can potentially pollute local waterways.

Residents who need more information about the "Shed the Meds" program on May 14th can call Senator Martins' office at 516-746-5924.

The program will be held on Saturday, May 14th from 9:30 a.m. to 12:30 p.m. at Shelter Rock Elementary School.



Little League parade

North Hempstead Town Clerk Wayne Wink and Council Member Peter Zuckerman attended the Albertson-Herricks Little League parade at the town's Caemmerer Park in Albertson on April 9. Wink and Council Member Zuckerman wished the players, coaches and parents the best of luck in the coming season. The Albertson-Herricks Little League aims to bring baseball and softball to children in a fun way while teaching them the fundamentals of the game and maintaining a safe learning and teaching environment.